



The Sir Thomas Lipton Foundation is a registered charity (SC041451) whose aim is to give all disadvantaged 10-to-12-year-old children a fair opportunity:

1. To escape from a teenage poverty of ambition, confidence and attainment, and
2. To discover the interests, talents, resilience and perseverance they need to exceed expectations as teenagers

Three ways you can help

to make the Buoyed Up Log Book in 2020 an exceptionally inspiring one for the pre-teen children who missed out on so much in this year of coronavirus.

1 Tell us the story of someone of any age in your school, your community, your workplace, your organisation, whose actions during the coronavirus pandemic have been outstanding.

Think of each story occupying one A4 page of our Log Book, so we will need:

- The name and relevant occupation, organisation, workplace or community of this person*
- Anything you can tell us in up to 300 words about what they have done
- Photographs – at least one, and two or three would be ideal
- Any direct quotes from this person (or from others) would be terrific

**with their or parents' permission, as appropriate*

2 Alternatively, ask someone to complete our specially revised short Sea Views interview questionnaire (below); someone whose name, job or location will catch the children's attention and imagination.

Think of interviewees who have a love of, or some connection with, the sea:

- Sharing who, or what initiative to help others, inspired them most during 2020
 - Describing why re-connecting with the sea in 2021 matters so much to them
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3 Or finally, in this difficult and sad year for so many, send us the photograph or image or quote that, for you, best expresses the hope, resilience or determination to come through this crisis.

Think of what's going to help the children get over 2020 and look forward:

- You could create a special message for the children from your colleagues, your school, your organisation or community (with your own logo, image etc)
- Or, if you don't have a special photograph or image that says it all, create one.



Sea Views Interview questions for the Buoyed Up Log Book 2020

1. Who are you?
 2. What has been your biggest challenge in this year of coronavirus?
 3. Who or what has helped you remain positive and look forward to 2021?
 4. How has the sea inspired you, this year in particular?
 5. What do you wish you had known about the sea before becoming a teenager, that you know now?
 6. Who or what first attracted you to the sea?
 7. Do you have a favourite sea story, book, poem or painting?
 8. Who do you most admire for what they did at sea?
 9. Why should we care about the sea?
 10. If you could be the captain of any yacht or ship, past or present, which would it be?
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We are aiming to gather all of the content by September 2020

Thank you very much for helping. Please respond to:

Laurence Brady, Founder and Director, Sir Thomas Lipton Foundation

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